



***Cedar Point Yacht Club***  
*"Sailboat racing at its Best"*  
***Safety Guidelines***

5

Cruising Class members are encouraged to adopt a common sense approach to safety. When sailing about the racing area on days when the one-design fleets are racing, be alert for signs of distress, such as people waving oars, splashing water, or waving brightly colored pieces of cloth. If this is observed, the recommended procedure is to contact the Race Committee on VHF channel 78. The CPYC support fleet of small maneuverable power boats can provide more effective assistance than larger sailboats with limited auxiliary power and deep keels. We should, however, be available to assist if needed. Cruising Class members are requested to be particularly alert in the event of threatening weather.

All members are reminded of the importance of being alert for boats in distress. (Signs of distress include repeated sound signals, flares, waving the ensign by hand, and VHF distress calls.) In the event of an emergency contact the Race Committee on VHF channel 78 and switch to channel 16.

The Safety Committee recommends that Cruising Class members learn and practice proper man-overboard procedures, such as the "Quick Stop" and Lifesling recovery.

### **Cruising Class Minimum Equipment Recommendations**

The purpose of these recommendations is to provide uniform minimum equipment standards for boats racing with the Cruising Class at CPYC. These are recommendations only. They have been in use at CPYC for many years and are based on equipment requirements historically used by YRA of LIS.

All boats must comply with all USCG equipment requirements.

#### **The Recommendations are as follows:**

1. Fire extinguishers readily accessible and of the type and number required by the USCG.
2. One manual bilge pump. Unless permanently fitted, each bilge pump handle should be equipped with a lanyard or catch or similar device to prevent accidental loss.
3. Two buckets of stout construction with at least 2 gallon capacity, each to have a lanyard.
4. At least one horseshoe type life ring equipped with a whistle and a drogue or Lifesling within reach of the helmsman and ready for instant use.
5. A USCG approved Type I or II lifejacket with whistle attached for each member of the crew.
6. Compass.
7. Suitable anchor, chain and rode.
8. Foghorn.
9. Pyrotechnic Signals - the minimum USCG requirement for each boat.
10. A VHF radio capable of receiving and transmitting on channel 78 and capable of receiving weather bulletins.
11. A radar reflector with a 12" diagonal minimum dimension or equivalent echoing area of not less than 6 square meters.
12. Navigation lights - to be shown as required by government regulations in effect and mounted so they will not be masked by sails or heeling of the boat.
13. Soft wood plugs, tapered and of various sizes, to fit through hull openings.
14. A heaving line readily accessible from the cockpit.
15. First aid kit and manual
16. Appropriate tools and spare parts, plus flashlight, batteries, and a knife.