

Cedar Point Laser Fleet,

Summer has wrapped up and the Fall Laser Series is not too far off, Starting the first Sunday in October. There is still tons of fun to be had on LIS in the Fall. Every fall I host a Laser program out of Riverside YC. The breeze is usually great with some big easteries providing really fun downwind conditions allowing us to circle the islands in Greenwich. This is a technical clinic series for sailors that want to train and take laser sailing to the next level. We have always produced some great HS competitors who move on to compete at a really high level in college and find a love for sailing for life.

Although the clinic hours are catered towards an academic schedule, we have had many adults partake over the years. Let me know if you can peel away from work for a few Friday's or even multiple days one week, or even better join us all season!

Details below:

Year after year this program has been the #1 way for laser sailors to make huge gains in the Laser in just 8 weeks. With ideal wind and wave conditions in September and October the program simply breeds great sailors.

We have just recently received RYC board approval to run our program, We are looking to have a really strong group this year and I very much hope to send several participants to the Cressy, the High School National Single Handed Championship. 2 and 3 years ago we sent 3-4 sailors to the event and I would like to repeat our participation. I hope you can join us this fall.

Here are some details:

Schedule: 8 week program.

Start date: Wednesday September 9th- October 30th. We will endeavor to train 4-5 days a week with events on the weekends. Rest days are Monday after events.

Hours: We will try to start practice as early as possible: 3:30 – 6ish out of RYC. We always have some latecomers due to school and driving distances. With this in mind we typically start drills just outside the harbor and wait for others that need more time. Generally we sail in and near Captain's Harbor in Greenwich.

Events:

Both Nessa and Massa will have their qualifying regattas for the High School Singlehanded Nationals (The Cressy) in the end of Sept.

There will be a few Greenwich Laser Racing events on Sundays in September

The Cedar Point Laser Frostbite series will start on Oct 4th and will continue for 10 Sundays.

Coaching: I will coach from my laser during practice and at local GLR and CP events.

Safety: We will have a safety boat and driver on the water at all times.

Storage: RYC is asking for \$100 per boat for storage.

Team: Typically we average about 8 sailors on the water each day.

Each sailor will get a great deal of personal attention and will receive the benefit of real race scenarios all around the course due to healthy program numbers.

Cost: \$2,000 for 8 week program.

Included- I will attend the NESSA Qualifier, CP events, and GLR events. At travel events I ask that families who attend cover expenses.

- The Cressy Nationals will be stand alone event.

\*\*\* RYC has mandated a parent of the day be on site for practice. We can work out a schedule but parents will be asked to rotate and be POD about 3 times this fall.\*\*\*

More details to follow.

Please let me know if you are interested in the program by Thursday. We are also always looking for other motivated participants that would be a great fit. Please let me know of any others.

Really looking forward to September!

Many thanks,

Andrew

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